

Community Center delivers holiday meals to isolated seniors, others

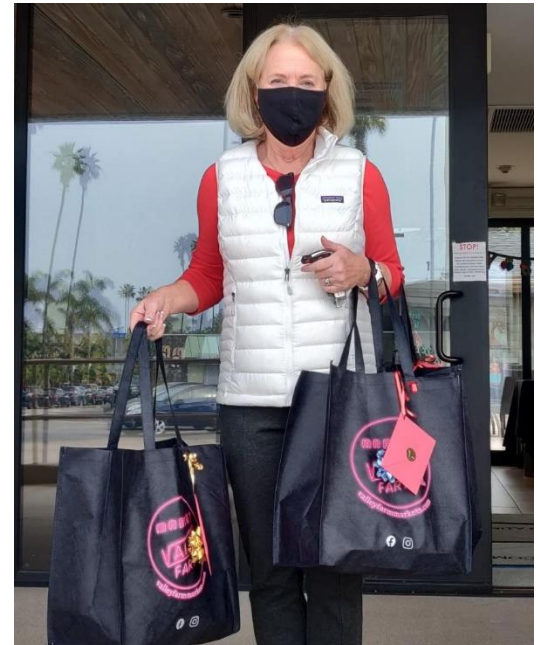
La Jolla Community Center staff and volunteers delivered 75 chef-prepared meals to isolated senior citizens and Community Center members during Christmas week, funded by a grant from the San Diego Seniors Community Foundation.

The meals, prepared by chef Nikki Schaeffer, were accompanied by desserts and fresh produce from a local farm and were “one way we could really show seniors in our community that there’s someone that cares about them, especially during the pandemic,” said Community Center Chief Executive Ruth Yansick. “Our mission is to help isolated seniors during this critical time.”

LJCC member Steven Nagler said he and his aunt enjoyed the “fabulous dinners” and appreciated the flowers with the package. “We are incredibly grateful for the center’s constant spirit of generosity,” he said.

Member Sharon Beckas said she “forgot what wonderful flavors food has when cooked with love and care.”

LJCC Executive Director Nancy Walters said, “Our goal in the next year is to implement programs like this one ... to connect with isolated seniors and find ways to meet their needs with care and compassion.”



La Jolla Community Center marketing director Barbara Graf heads out to deliver chef-prepared meals to senior citizens during Christmas week. (Courtesy)

Community Center adds new board member



Marilyn Adler Lindberg has joined the board of the La Jolla Community Center. (Courtesy)

The [La Jolla Community Center](#) has named Marilyn Adler Lindberg, a former university lecturer, author, teacher, entrepreneur and marketing specialist, to its board of directors.

Lindberg’s background includes lecturing for Queens College in New York City and the UC San Diego Rady School of Business in communications. She also founded several companies.

Lindberg said she looks forward to contributing her skills and entrepreneurship as a board member and has “a passion for launching unique fundraising projects for nonprofits and initiating cause-related marketing campaigns. Since the Community Center is already doing great work, my focus and contributions in the areas of brand awareness, membership growth and vital partnerships with corporations and other organizations can only mean growth on a grander scale for the center.”