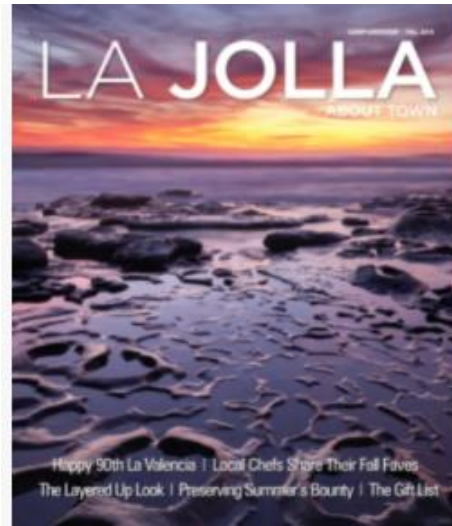


**About Town La Jolla Magazine**  
Complimentary/Fall/Holiday Issue 2021



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## Connecting seniors to technology

Did you know that 40 percent of San Diego's senior citizens live alone? With COVID-19, we learned the importance of technology in the lives of lonely seniors who need to connect with loved ones, order meals, access medical records, and more. The La Jolla Community Center first launched virtual iPhone/iPad classes, with instruction on how to make those connections using FaceTime, email, and apps. Now, they are developing Senior Connect, a community technology hub for seniors, complete with a modernized computer lab and multilevel instruction. To help build the lab and bridge the gap between seniors and technology, visit the website and become a sponsor.

**La Jolla Community Center, 6811 La Jolla Blvd, La Jolla**  
**858.459.0831 [ljcommunitycenter.org](http://ljcommunitycenter.org)**