

Friday,
June
11, 2021

La Jolla Community Center to reopen on June 15, 2021

The La Jolla Community Center will open its doors on June 15. The Summer Soiree slated for Friday, June 25, from 4-6 p.m. will celebrate summer and welcome members and guests back to the center. There will be live entertainment, food and refreshments, gifts, raffles, and more.

Cost is \$35 members; \$40 nonmembers and advance registration and payment is required by June 21. Seating is limited to comply with the CDC and County guidelines. Individuals will be required to show proof of complete COVID-19 vaccine or provide a negative COVID-19 test within 72 hours. Register at ljcommunitycenter.org/soiree or call 858-459-0831.

NEXT PRESENTATION

Reinventing Your Life in the Second Half with Confidence, Purpose, and Passion (and post-COVID 19) will take place Thursday, July 22, from 10-11 a.m. (with bagels/coffee).

Laura Diaz is a board-certified life coach and founder of

In Harmony Coaching. She has worked with women in life and career transitions for more than 20 years. Her focus is to help clients build their self-confidence so that they can make a smooth transition with courage and ease and discover the keys to unlock their passion and zest for life. As well as individual coaching, she has offered small group, online coaching groups, for the past eight years and is currently facilitating a six-month coaching module entitled "The Success Club." Diaz's recent Kindle eBook: "Choose Confidence: 21 Ways Women Can Increase Self-Confidence" is expected to be published in paperback this summer. Her website is inharmonycoaching.com.



Laura Diaz

Research has shown that people can thrive and do thrive past retirement. Many choose to engage with ongoing education, inner exploration of their purpose, and being expressive with a hobby or part-time work. The second half of your life is unique in your ability to access wisdom, reclaim your passion, and clarify your purpose. This is the time to embrace a deeper expression of you and at the same time redefine the concept of retirement in the second half of your life.